

SingaporeSailing's Development Programme

Grow Sailing Into the Culture of Singapore

Singaporeans taking up sailing for recreation



LEARNING

SAILING



Optimist

Single
Handed

Double
Handed



Laser 4.7



Laser
Radial



Byte



29er



Nacra

WINDSURFING



Techno293



RS:X



PATHWAY CLASSES



Laser Radial



420



29er



Nacra 15



RS:X



OptiJunior



**OPTI
JUNIOR**

Opti Junior

This course is designed to introduce the sport of Optimist sailing to young novices in a fun and engaging manner. The goal is to build confidence through development of skills and awareness of the sailing environment.

OptiSailor



**OPTI
SAILOR**

Opti Sailor

The focus of this course is to get students to be competent sailors in the Optimist boat. Sailors who have completed this level will have the basic skills to participate in normal Optimist sailing activities under proper supervision.

OptiRacer



**OPTI
RACER**

Opti Racer

This course aims to train Optimist sailors to sail safely under minimum supervision and be able to participate in sailing regattas in a competent manner.

OptiStar



**OPTI
STAR**

Opti Star

Opti Star sailors will acquire advanced skills which would equip them to sail effectively in the Optimist under more demanding sailing conditions. They will also attain a superior knowledge of racing rules. This programme paves the way for sailors to get into the National Squad, where they will represent Singapore at regional and international competitions.

Already doing well in Performance

- **Medals in Youth Worlds**
- **Among the top sailing MNAs in South East Asia**
- **Multiple winners at Optimist Level**
- **Medals at Youth Olympic Games**
- **Multiple medals at Asian Games**
- **Qualified for 5 classes in Rio**



Why do we implement other programmes?

- **High percentage of sailing is in competition**
- **More to take up sailing for recreation**



Make Sailing More Visible



Hold competitions in the heart of the city

Singapore Sailing Federation
www.sailing.org.sg



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Extreme Sailing Series

Singapore Sailing Federation
www.sailing.org.sg

Make Sailing More Visible



Work with companies to provide free sailing to the public



Use sailing as a vehicle to achieve other Objectives



Sustainability & Sailing

Singapore Sailing Federation
www.sailing.org.sg



Use sailing as a vehicle to achieve other Objectives

Teachers reported improvement in student's behaviour and level of focus in school since Phase 1

Coaches feedback that students were more independent and displayed more initiative



Sustainability & Sailing



Use sailing as a vehicle to achieve other Objectives

Big Brother Big Sister Program

'Alumni' from 2014 program

NUS Engineering Faculty

Students / Scholars

Skippers for program

Mentors for students



Big Brother & Big Sister Programme



Use sailing as a vehicle to achieve other Objectives



Character Development Through Sailing

Singapore Sailing Federation
www.sailing.org.sg



Road Map

2012

- ISAF Level 2 Course for Coaches

2013

- ISAF Training Scholarship

2014

- Applied for ISAF Recognised Training

2014

- September – Approved Recognised Training

2016

- World Sailing Approved Training Centre

2016

- Emerging Nations Programme

